



TLC Menu

January 2019



Mon	Tue	Wed	Thu	Fri
	1	2	3	4
	TLC CLOSED	Oatmeal	Yogurt w/Graham Crks	Blueberry Muffin
		Chicken Nuggets Corn Tropical Fruit	Cheesy Chicken w/Rice Broccoli Pears	Ham & Potato Soup w/crackers Peas Applesauce
		Veggie Straws	Granola Bars	Rice Cake
7	8	9	10	11
Cereal w/ Milk	French Toast Sticks	Fruit Bars	Cereal w/milk	Oatmeal
Pizza Green Beans Pears	Taco Tuesday Corn Fruit Cocktail	Corn Dog Nuggets Carrots Tropical Fruit Mix	Sweet & Sour Meatball Lima Beans Pineapple	Mac & Cheese Peas Mixed Fruit
Goldfish	Pepperoni and Cheese	Hummus w/Wheat Thins	Pretzels	Ritz & Cream Cheese
14	15	16	17	18
Pancakes	Cereal w/Milk	Yogurt w/Graham Crk.	Fruit Bar	Blueberry Muffin
Creamy Tomato Soup Cheese Toast Green Beans Pears	Turkey Sandwich Mixed Veggies Pineapple	Pennies and Potatoes Peas Peaches	Beefy Noodle Corn Fruit Cocktail	Chicken Patty on Bun Broccoli Tropical Fruit
Pretzels	Granola Bars	Cheez-its	Apples/Applesauce	Veggie Straws
21	22	23	24	25
Oatmeal	Fruit Bars	Cereal w/milk	Monkey Bread	Cereal w/Milk
Sloppy Joe on Bun Corn Fruit Cocktail	Bologna Boats w/ Mash Potatoes Peas Sliced Pears	French Toast Stix Turkey Sausage Mandarin Oranges and Applesauce	Chicken Nuggets Green Beans Sliced Peaches	Spaghetti w/Mtballs Southern Succotash Pineapples
Nachos	Veggies w/ Ranch	Pretzels	Goldfish	Hummus w/Wheat Thins
28	29	30	31	1
Cereal w/ Milk	Cinnamon Toast	Cereal w/ milk	Pancake	Cereal w/milk
Bennie Wennies Green Beans Mixed Fruit	Alfrado Broccoli Peaches	Meatball Sub Corn Applesauce	Sheppard's Pie w/Sweet Peas Diced Pears	Ham and Cheese Sandwich Carrots & Potatoes Fruit Cocktail
Animal Crackers	Granola Bars	Cottage Cheese/Fruit	Cheez-It Crackers	Fruit w/Wafers